

STUDENT INFORMATION FORM
(Parents to complete)



Student Name: _____ Student Grade: _____

Age: _____ Gender: _____

What do you require? Please tick all that apply:

-) **Lessons**
-) **Rentals**
-) **Lift Pass**
-) **Helmet**

If you require **Rentals**, all of the following information must be provided to allow the rentals to be ready on arrival:

Shoe Size: _____ (US Sizes) **Height:** _____ ft _____ inches **Weight:** _____ lbs

- Skis & Boots**
- Ski Boots Only**
- Skis Only**
- Snowboard & Boots**
- SB Boots Only**
- SB Only**

If you require **Rentals and/or Lessons**, please indicate the ski or snowboard ability level and skier type (skiers only) using the guides (page 12 & 13):

Skier Type: _____

Ability Level: _____

Please complete this form with accurate information. Any missing or inaccurate information may delay pick up of rental equipment and lesson starting times.

Once completed, please return this sheet to the Teacher

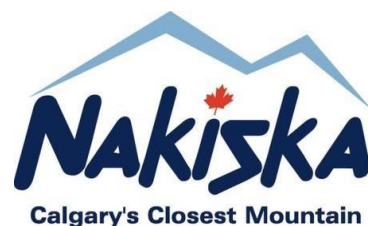
Parents Name: _____

Signature: _____

Emergency Contact Number:

Any pre-existing medical conditions:

ABILITY LEVEL GUIDE



Calgary's Closest Mountain

Ski Ability Levels Snowboard Ability Levels

Level 1

I have never skied before. I want to learn to stop and turn.

I have never snowboarded before. I want to learn to stop and turn.

Level 2

I can stop sometimes and turn. I want to be in control using my turns so I can go to the chairlift.

I can stop sometimes and turn on both edges. I want to be in control using my turns so I can go to the chairlift.

Level 3

I can ski in control using my turns on green runs and I'm ready for the chairlift. I want to start skiing parallel so I can explore Blue runs.

I can ride in control using my turns on green runs and I'm ready for the chairlift. I want to develop my turns to explore blue runs.

Level 4

I can ski mostly parallel in control on blue runs. I want to ski full parallel to explore steeper black runs.

I can ride with flow using my turns on blue runs. I want to keep my flow in my turns when riding steeper black runs.

Level 5

I can ski full parallel on all groomed runs. I want to develop high performance skiing and explore all mountain terrain.

I can ride with flow using my turns on all groomed runs. I want to develop high performance riding and explore all mountain terrain.

VIDEOS; <https://skinakiska.com/purchase/telus-winter-sports-school/ability-levels/>